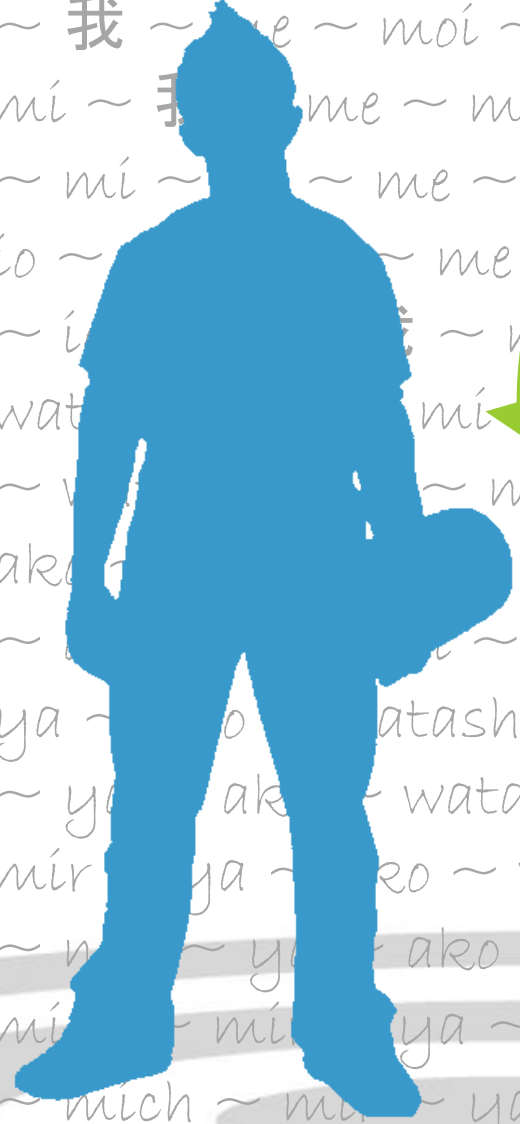


me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~ mi ~ 我
~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~ mi ~
我 ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~ mi
~ 我 ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~
mi ~ 我 ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~
~ mi ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~
io ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~
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watashi ~ mi ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~
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ya ~ io ~ watashi ~ io ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~
~ ya ~ ako ~ watashi ~ io ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~
mir ~ ya ~ ako ~ watashi ~ io ~ mi ~ 我 ~ me ~ moi ~ ik ~ mich ~
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mi ~ me ~ moi ~ ik ~ mich ~ mir ~ ya ~ ako ~ watashi ~ io ~ mi ~ 我 ~
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Me360





Why Do People Use Alcohol and Other Drugs?

- Curiosity
- To fit in
- Peer pressure
- Unhappy
- To escape problems
- Lose weight
- Think it's not dangerous
- Addiction



How Alcohol Affects Users

Long Term Effects

- Addiction/Alcoholism
- Heart disease and high blood pressure
- Cancer (mouth, throat, esophagus, liver, colon, and breast)
- Depression, anxiety, and suicide
- Brain damage (stroke)
- Liver disease (cirrhosis)
- Fetal alcohol syndrome
- Social problems (unemployment, family problems)



Marijuana



- *Blunt—Bloom—Dope—Grass—Green—Hash—Herb—Mary Jane—Pot—Reefer—Skunk—Weed*
- Contains THC—psychoactive ingredient
- Marijuana affects the dopamine pathways in the brain





Key Factors Driving Medicine Abuse

- **Misperceptions** that abusing medicine is not dangerous (safer than “street drugs”)
- **Ease of access** via medicine cabinets at home or friend’s house, own or other person’s prescriptions



METH FACTS

Methamphetamine is a
highly addictive
stimulant drug

- Smoked
- Snorted
- Injected
- Ingested



Prevention

The **Power** of **Sparks**/Anti-Drug:

The hobby, person, or passion that stands
between you and drugs

*My sparks are the keys to unlocking the door
to my potential*



Intervention and Treatment

Addiction is a disease, and like other diseases, it can be treated

Addiction can affect anyone: men, women, adults, teens, rich and poor

22 million Americans afflicted; 3 million get treatment



Impact of Meth on Communities

